

Our Blind Spots

Implicit Bias Training

All change begins with a conversation. This workshop/training with YWCA Tri-County Area opens that conversation to discuss race, gender, and other biases. Together, we will navigate how racial/social stereotypes and implicit biases ("blind spots") can affect every aspect of our lives, and better understand that while we all carry biases, we can overcome them once we are aware and get to the root of their origin.

During this workshop, self-reflection will help you understand how examining your own biases is necessary before you can help others. Small-group exercises and all-group discussions will help us to develop tools to address race, racism, and gender biases, that will lead to the ability to build strategies to support a culture of respect, equity, and inclusion.

Blind Spot Trainings/Workshops provide generalized topic discussion, including:

- Courageous Conversations
- Historical Perspectives on Race
- Understanding the System of Racial Inequity
- Unconscious, Implicit and Gender Bias: Framing and Re-Framing
- Building Cultural Competency



Trauma Center
READING HOSPITAL

Presented in
collaboration with:

eliminating racism
empowering women
ywca
Tri-County Area

Friday, July 24

Noon to 2:30 p.m.

T/J Auditorium

This training is open to the public.
Lunch will be provided.

For more information
or to register,
scan the QR code.



Tower Health designates this live activity for a maximum of 2.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program awards 2.5 contact hours. Tower Health is an approved provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Tower Health is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians.

The course director and members of the planning committee do not have any relevant financial relationships with any ineligible companies to disclose. Faculty and all others who have ability to control the content of continuing education activities sponsored by Tower Health are expected to disclose to Tower Health all of their financial relationships with ineligible companies. Ineligible companies are those whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

This activity is not commercially supported.

TowerHealth.org