

Prevention Program Overview

Program: MedSmart Kids

Program Objective

MedSmart Kids is a medication safety program that educates children about their bodies, how to recognize when they don't feel well, and the importance of medication safety tailored to their age group. This program teaches students to:

- Never share medication.
- Store medications safely.
- Proper usage and the importance of taking medication exactly as prescribed.
- Recognize danger signs of medication misuse and the importance of seeking help immediately.

Program Summary

Sessions	One
Population	Appropriate for 1st-5th grade students
Education	<ul style="list-style-type: none">• Educating the students on understanding their bodies. Basic anatomy: Introduce children to the major parts of the body and their functions.• How the body signals it's unwell: Teach children to recognize common symptoms of illness (e.g., fever, cough, pain).• What to Do When We Don't Feel Well. Recognizing Symptoms: Teach children to identify when they are not feeling well and the importance of telling an adult.• Basic Care. What is Medicine. Simple steps for self-care when feeling unwell (e.g., rest, hydration).• When to Seek Help. Emphasize the importance of talking to parents or caregivers when symptoms persist or worsen.
Activities	<ul style="list-style-type: none">• Safe or Not Safe? This activity offers medication safety scenarios. The objective is to help children identify safe and unsafe situations related to medication use their interactive scenarios.• Pill or Candy? The objective of this interactive activity is to teach children the importance of identifying medications and the potential dangers of confusing them with candy.
Skill	Children should be able to identify safe and unsafe practices related to medication use and understand the importance of following safety rules. Children will gain a better understanding of the visual similarities between candy and medication and learn the critical importance of verifying substances with an adult to ensure safety.