



Countywide School Prevention Activities FY 23/24

Programs listed are FREE to Berks County schools and provided by the Council on Chemical Abuse.

LifeSkills Training (LST)	LifeSkills Training is an evidence-based substance abuse and violence prevention program, designed for classroom instruction. <i>Multi-year implementation is strongly recommended.</i>
Too Good for Drugs	Too Good for Drugs is a comprehensive, evidence-based substance use prevention curriculum for students K-12 applying interactive, social games and activities to promote healthy decision-making.
Student Assistance Core Team Training Day	This is an in-service day in August designed to provide SAP core team members with training on current ATOD issues.
<u>Time to Talk</u>	This workshop is designed to give parents the skills needed to start the conversation with children about drugs and alcohol.
<u>Parents Who Host, Lose the Most</u>	This media campaign educates parents about the health and safety risks of providing alcohol to teenagers and increases awareness of and compliance with underage drinking laws.
Vaping education for youth	This single-session education program provides an overview of the trends and risks of vaping.
Vaping education for parents and professionals	This single-session education program for parents and professionals provides an overview of the trends and risks of vaping.
Berks Co. Vaping Toolkit (Update coming soon)	This downloadable toolkit provides current information on vaping risks, and strategies to prevent youth use of vaping products.
<u>Clear and Present Danger</u>	This is a two-part educational program about prescription medication safety. The program includes hands on activities focused on teaching teens safe medication practices, the link between prescription drugs and heroin, as well as refusal skills.
<u>Youth Leadership Council (YLC)</u>	The mission of YLC is to build resilient communities by empowering youth to make informed decisions about substance use. Through innovative prevention programs, peer support, and advocacy, we aim to inspire positive change and create a strong network of substance abuse prevention advocates.
<u>Teens & Technology</u> School Education Program	This is offered in two sessions for 6-9 th grades and one session for upper elementary students, teaching them the connection between technology use and gambling. Topics include addiction as a brain disease and the symptoms of gaming and gambling addiction.
<u>Red Ribbon Campaign</u>	The Red Ribbon Campaign, held every October, serves to mobilize youth and encourage participation in drug prevention activities.
<u>Marijuana Education</u>	This highly interactive program aims to build critical thinking skills in high school students by fostering discussions on marijuana and its potential consequences.
<u>Escape the Vape SAVE</u>	This is an alternative to suspension program for students who violate school district vaping policies. The program educates students on the health risks of vaping and allows them to determine the need for additional support for vaping use.
<u>NOT (Not on Tobacco)</u>	An eight-week vaping and smoking cessation program for youth that helps guide youth to a healthier smoke/vape free lifestyle.

Interested in services? Contact Alicia Kline at akline@cocaberks.org