

ADVENTURES with **COURAGE**

HELLO!
I'M COURAGE



ANSWER KEY



cocaberks.org • (610) 376-8669

DISCUSSION QUESTIONS

1. If you designed a t-shirt with Courage what would it say or look like?
- 2: Courage felt safe talking to Poppi, who can you talk to in your life when you need to talk?
- 3: Why do you think the kids in the park wanted to try vaping?

WHAT'S IN THE VAPE

Oh No! The scientist mixed up some of the dangerous chemicals found in E-liquid with the Chef's smoothie ingredients. From the pictures below help the chef find the healthy ingredients to finish making his smoothie.

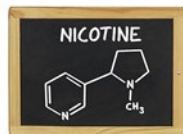


Chef's List

1. Coconut
2. Real Vanilla Bean
3. Milk
4. Ice
5. Fresh Pineapple



COCONUT



NICOTINE



METALS



REAL VANILLA BEAN



VEGETABLE GLYCERIN



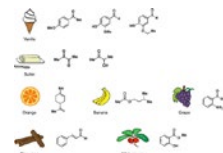
PROPYLENE GLYCOL



MILK



ICE



ARTIFICIAL FLAVORINGS



FRESH PINEAPPLE

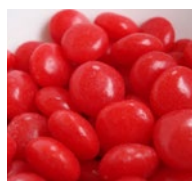
ACTIVITY TWO

MEDICATION SAFETY

CANDY OR MEDICINE

Can you tell the difference?

DRAW A LINE TO THE CORRECT PICTURE



Mints

Blue Pills

Smarties Candies

Tums Antacids

Gummy Vitamins

Gummy Candies

Adult Vitamins

Jelly Beans

Cinnamon Candies

Advil

Pink Pills

Good & Plenty Candies



ACTIVITY THREE

REFUSAL SKILLS

PRACTICE YOUR SKILLS

Match the description with the refusal skill you can use to say no to using tobacco and other drugs.

The first one is done for you!

Ignore

Broken Record

State the Facts

Make an Excuse

Steer Clear

Walk Away

Say, "No"

Better Idea

1 "Thanks, but I don't want any."

2 "No, no, no, no thank you no!"

3 "Ugh, I can't smoke my mom is picking me up soon."

4 Max calls your name and starts coming towards you. You quickly turn away.

5 Just smile and walk away.

6 "Hey, let's leave and go play outside instead!"

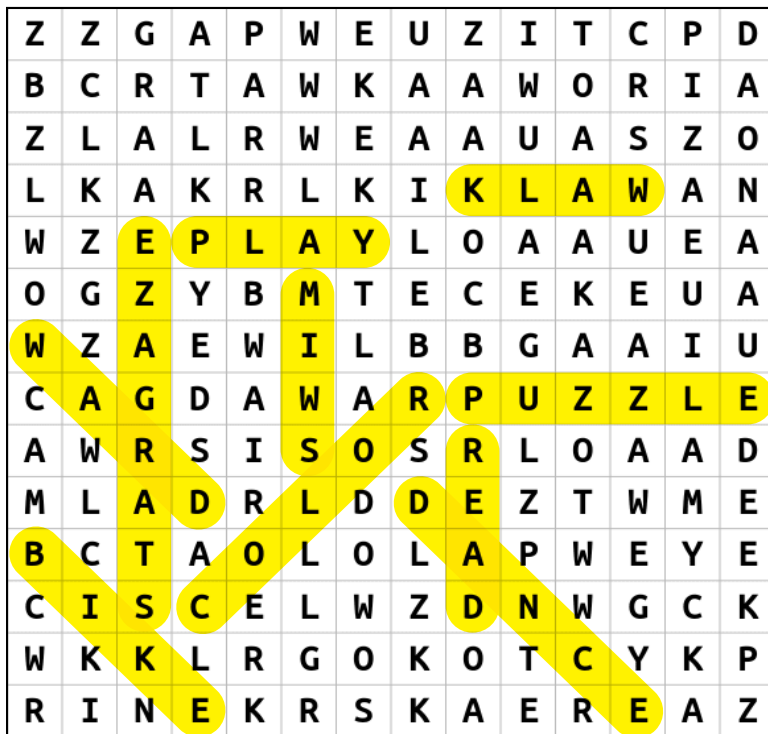
7 You get a text Max is bringing alcohol, so you decide to skip the party.

8 "No, if I get caught, I won't be able to play soccer."

DISCUSSION QUESTIONS

1. Is Marijuana safe to smoke because it grows naturally?
2. What parts of the body is marijuana harmful to?
3. What is a good decision if a friend invites you to their house and they are using marijuana?

MARIJUANA/DECISION MAKING WORD SEARCH



Find the words below in the word search puzzle:

WALK
 STARGAZE
 PLAY
 SWIM
 DRAW
 PUZZLE
 COLOR
 DANCE
 READ
 BIKE

Play this puzzle online at thewordsearch.com/puzzle/1227781/



ACTIVITY FOUR MARIJUANA/ DECISION MAKING

BRAIN MAZE

Take your time, use your brain,
and make the correct decisions
to get out of the maze.

