



A Lesson on Kids & Technology



Your child's class is scheduled to receive a lesson on responsible use of technology from the Council on Chemical Abuse

WHY A LESSON ON TECHNOLOGY?

Technology is not going away. Students need to learn how to keep themselves and others safe online, evaluate the accuracy of information, and how to balance their media time with other life activities. They also need to understand the connection between gaming and gambling, and how game developers use behavioral science to keep people playing.

WHAT WILL STUDENTS LEARN?

Students will learn how to be good digital citizens who respect others, protect their privacy, and understand their digital footprint. They'll also learn about the parallels between video gaming and gambling, and how to balance media with other activities.

WHO WILL TEACH THE LESSON?

The lesson will be taught by a trained Prevention Specialist with the Council on Chemical Abuse. Our prevention education lessons are age appropriate, incorporating fun and engaging activities that teach students healthy techniques to help avoid harmful behaviors.

WHAT CAN PARENTS DO?

As parents, you play a vital role in prevention efforts. We encourage you to ask your student what they learned and have more conversations about responsible use of technology. Children are much less likely to engage in risky activities when parents have ongoing conversations with them about responsible behaviors and good decision-making. Like you, we want your students to be prepared for real life situations and give them the tools they need to succeed.



More information about the Council on Chemical Abuse can be found on our website at www.cocaberks.org