

ADVENTURES with **COURAGE**

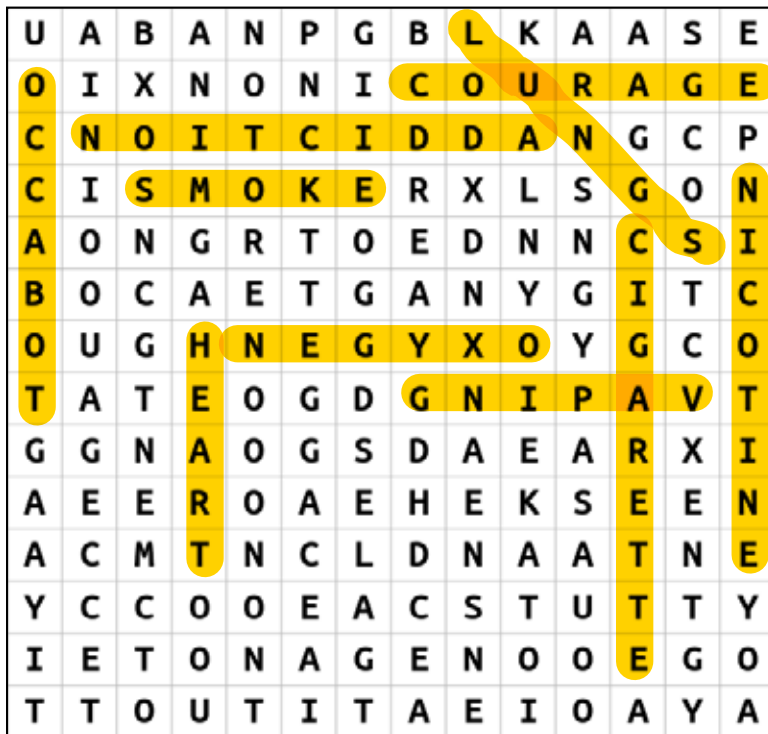
HELLO!
I'M COURAGE



DISCUSSION QUESTIONS

1. If you designed a t-shirt with Courage what would it say or look like?
- 2: Courage felt safe talking to Poppi, who can you talk to in your life when you need to talk?
- 3: Why do you think the kids in the park wanted to try vaping?

VAPING WORD SEARCH



Find the words below in the word search puzzle:

SMOKE
HEART
OXYGEN
CIGARETTE
TOBACCO
VAPING
ADDICTION
NICOTINE
COURAGE
LUNGS

Play this puzzle online at thewordsearch.com/puzzle/3663531/



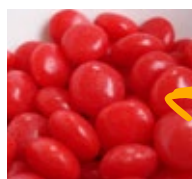
**RECOGNIZE:
VAPE PENS &
E-CIGARETTES**

ACTIVITY TWO MEDICATION SAFETY

CANDY OR MEDICINE

Can you tell the difference?

DRAW A LINE TO THE CORRECT PICTURE



Mints

Blue Pills

Smarties Candies

Tums Antacids

Gummy Vitamins

Gummy Candies

Adult Vitamins

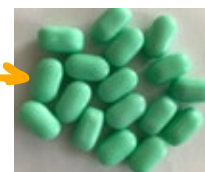
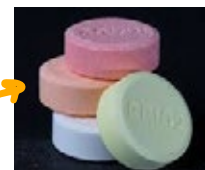
Jelly Beans

Cinnamon Candies

Advil

Pink Pills

Good & Plenty Candies



ACTIVITY THREE

REFUSAL SKILLS

PRACTICE YOUR SKILLS

Match the description with the refusal skill you can use to say no to using tobacco and other drugs.

The first one is done for you!

Ignore 4

Broken Record 2

State the Facts

Make an Excuse 3

Steer Clear 7

Walk Away 5

Say, "No" 1

Better Idea 6

- 1 "Thanks, but I don't want any."
- 2 "No, no, no, no thank you no!"
- 3 "Ugh, I can't smoke my mom is picking me up soon."
- 4 Max calls your name and starts coming towards you. You quickly turn away.
- 5 Just smile and walk away.
- 6 "Hey, let's leave and go play outside instead!"
- 7 You get a text Max is bringing alcohol, so you decide to skip the party.
- 8 "No, if I get caught, I won't be able to play soccer."

To see the answers for this activity, please visit cocaberks.org/courage.

DISCUSSION QUESTIONS

1. Is Marijuana safe to smoke because it grows naturally?
2. What does Marijuana impair?
3. What is a good decision if a friend invites you to their house and they are smoking marijuana?

MARIJUANA/DECISION MAKING WORD SEARCH



Find the words below in the word search puzzle:

WALK
 STARGAZE
 PLAY
 SWIM
 DRAW
 PUZZLE
 COLOR
 DANCE
 READ
 BIKE

Play this puzzle online at thewordsearch.com/puzzle/1227781/



NOTICE:
 Marijuana gummies might look like candy but they are not safe and when eaten, gummies, can be more dangerous to the body than smoking marijuana.

ACTIVITY FOUR MARIJUANA/ DECISION MAKING

BRAIN MAZE

Take your time, use your brain,
and make the correct decisions
to get out of the maze.



To see the answers for this activity, please visit cocaberks.org/courage.