

# ADVENTURES with **COURAGE**

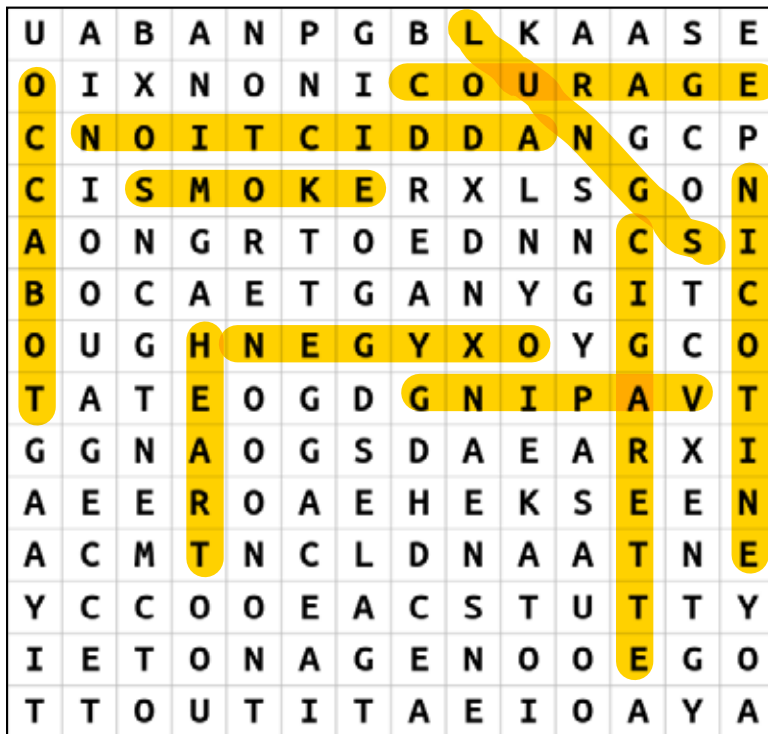
HELLO!  
I'M COURAGE



## DISCUSSION QUESTIONS

1. If you designed a t-shirt with Courage what would it say or look like?
- 2: Courage felt safe talking to Poppi, who can you talk to in your life when you need to talk?
- 3: Why do you think the kids in the park wanted to try vaping?

## VAPING WORD SEARCH



Find the words below in the word search puzzle:

SMOKE  
HEART  
OXYGEN  
CIGARETTE  
TOBACCO  
VAPING  
ADDICTION  
NICOTINE  
COURAGE  
LUNGS

Play this puzzle online at [thewordsearch.com/puzzle/3663531/](http://thewordsearch.com/puzzle/3663531/)



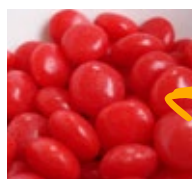
**RECOGNIZE:  
VAPE PENS &  
E-CIGARETTES**

# ACTIVITY TWO MEDICATION SAFETY

## CANDY OR MEDICINE

Can you tell the difference?

DRAW A LINE TO THE CORRECT PICTURE



Mints

Blue Pills

Smarties Candies

Tums Antacids

Gummy Vitamins

Gummy Candies

Adult Vitamins

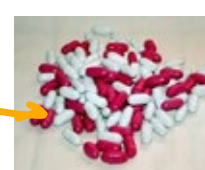
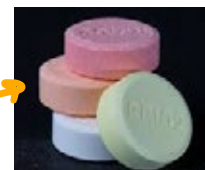
Jelly Beans

Cinnamon Candies

Advil

Pink Pills

Good & Plenty Candies



# ACTIVITY THREE

# REFUSAL SKILLS

## PRACTICE YOUR SKILLS

Match the description with the refusal skill you can use to say no to using tobacco and other drugs.

The first one is done for you!

Ignore

Broken Record

State the Facts

Make an Excuse

Steer Clear

Walk Away

Say, "No"

Better Idea

- 1 "Thanks, but I don't want any."
- 2 "No, no, no, no thank you no!"
- 3 "Ugh, I can't smoke my mom is picking me up soon."
- 4 Max calls your name and starts coming towards you. You quickly turn away.
- 5 Just smile and walk away.
- 6 "Hey, let's leave and go play outside instead!"
- 7 You get a text Max is bringing alcohol, so you decide to skip the party.
- 8 "No, if I get caught, I won't be able to play soccer."

To see the answers for this activity, please visit [cocaberks.org/courage](http://cocaberks.org/courage).

## DISCUSSION QUESTIONS

1. Is Marijuana safe to smoke because it grows naturally?
2. What does Marijuana impair?
3. What is a good decision if a friend invites you to their house and they are smoking marijuana?

## MARIJUANA/DECISION MAKING WORD SEARCH



Find the words below in the word search puzzle:

WALK  
 STARGAZE  
 PLAY  
 SWIM  
 DRAW  
 PUZZLE  
 COLOR  
 DANCE  
 READ  
 BIKE

Play this puzzle online at [thewordsearch.com/puzzle/1227781/](http://thewordsearch.com/puzzle/1227781/)



**NOTICE:**  
 Marijuana gummies might look like candy but they are not safe and when eaten, gummies, can be more dangerous to the body than smoking marijuana.

# ACTIVITY FOUR MARIJUANA/ DECISION MAKING

## BRAIN MAZE

Take your time, use your brain,  
and make the correct decisions  
to get out of the maze.



To see the answers for this activity, please visit [cocaberks.org/courage](http://cocaberks.org/courage).