

## BERKS COUNTY SAP PROVIDERS

A SAP liaison from an approved Drug & Alcohol and Mental Health agency is part of the SAP team.

Caron Treatment Centers

Center for Mental Health at Tower Health

Creative Health Services

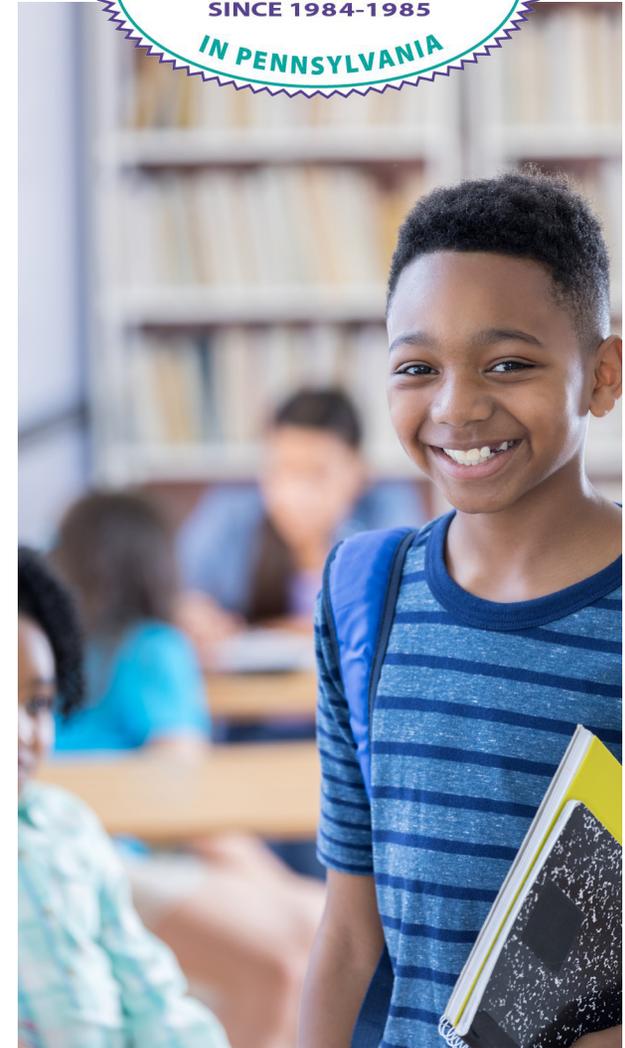


Phone (610) 376-8669 | [www.cocaberks.org](http://www.cocaberks.org)

For more information about the Student Assistance Program in Berks County, please contact:

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Visit online: [www.cocaberks.org/SAP](http://www.cocaberks.org/SAP)



## BERKS COUNTY Student Assistance Program



## WHAT IS BERKS COUNTY SAP?

Every school district in Berks County, PA is required to have a Student Assistance Program (SAP). SAP is made up of school and agency staff available to help you access school and community services for your child. Berks County SAP is a partnership between the Berks County Mental Health and Developmental Disabilities Program (MH/DD) and the Council on Chemical Abuse (COCA).

The Student Assistance Program in your child's school will help you find services and assistance within the school, and if needed, in the community. SAP does not diagnose, treat, or refer a child for treatment. The program will provide information and recommendations to help make the choice(s) that best fit an individual child's needs and parental wishes. The parent/guardian is an important part of the team. Our goal is to help each child referred to SAP to succeed in school by addressing any barriers to learning.

## WHEN IS A GOOD TIME TO REFER A STUDENT TO SAP?

*A child showing any of these signs/behaviors may benefit from Berks County SAP services.*

- Withdrawing from family, friends, and/or activities
- Changing friends
- Unexplained physical injuries
- Feeling sad
- Talking about suicide
- Defying authority, both at home and school
- Acting aggressively
- Needing money without a good explanation
- Declining grades
- Experimenting with alcohol or drugs
- Recently experienced a stressful event, including death of a loved one, divorce, family relocation, etc.

## HOW DOES A CHILD GET INVOLVED WITH A SAP TEAM?

Anyone can refer a child to SAP. Some students are referred by teachers or other school personnel. A friend or family member can also let the SAP team know that they are worried about someone. The child can even go directly to the SAP team to ask for help. Schools will gather information to determine how a student is doing in their classes. The SAP team will not proceed without parental permission. Once permission is received, the SAP team will work to develop a plan of action to help the child achieve success in school. Participation in the program is voluntary.

