



Countywide School Prevention Activities FY 21/22

Programs listed are FREE and provided by the Council on Chemical Abuse.

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| LifeSkills Training (LST) | LifeSkills Training is an evidence-based substance abuse and violence prevention program, designed for classroom instruction. <i>Multi-year implementation is strongly recommended.</i> |
| Too Good for Drugs | Too Good for Drugs is a comprehensive, evidence-based substance use prevention curriculum for students K-12 applying interactive, social games and activities to promote healthy decision-making. |
| Student Assistance Core Team Training Day | This is an in-service day in August designed to provide SAP core team members with training on current ATOD issues. |
| <u>Time to Talk</u> | This workshop is designed to give parents the skills needed to start the conversation with children about drugs and alcohol. |
| <u>Parents Who Host, Lose the Most</u> | This media campaign educates parents about the health and safety risks of providing alcohol to teenagers and increases awareness of and compliance with underage drinking laws. |
| Vaping education for youth | This single-session education program provides an overview of the trends and risks of. |
| Vaping education for parents and professionals | This single-session education program for parents and professionals provides an overview of the trends and risks of vaping. |
| <u>Berks County Vaping Toolkit</u> | This downloadable toolkit provides current information on the risks of vaping and strategies to prevent youth use of vaping products. |
| <u>Clear and Present Danger</u> | This is a two-part educational program about prescription medication safety. The program includes hands on activities focused on teaching teens safe medication practices, the link between prescription drugs and heroin, as well as refusal skills. |
| Berks Youth Prevention Council | A leadership development program based on an empowerment model designed to provide youth with the knowledge and skills to assume leadership roles in the planning and implementation of community-based and countywide prevention activities. |
| <u>Teens & Technology</u> School Education Program | In this <u>two-part</u> lesson, students learn about the connection between technology use and gambling. Topics include addiction as a brain disease and the symptoms of gaming and gambling addiction. |
| <u>Red Ribbon Campaign</u> | The Red Ribbon Campaign, held every October, serves to mobilize youth and encourage participation in drug prevention activities. |
| <u>Strengthening Families Program 10-14</u> | SFP 10-14 is an evidence-based substance use prevention curriculum for families with children 10-14 Strengthens family communication and reduces alcohol, tobacco, drug and behavior problems in youth. |
| Marijuana Education | This highly interactive program aims to build critical thinking skills in high school students by fostering discussions on marijuana and its potential consequences. Students work together to understand current research and laws regarding marijuana use. |

Interested in services? Contact Jaclyn Steed at JSteed@cocaberks.org