Dear Parents,

This summer, your child will participate in weekly Prevention Adventure Kits, provided by the Berks County Council on Chemical Abuse (COCA) to participating summer programs. These kits will include fun stories, games and activities aimed at helping children ages 5 -12 avoid future risky behaviors. Over the course of five weeks, children will hear a weekly story about COCA's mascot, Courage the Lion. In Courage's five adventures, he will overcome challenges on the following topics: vaping, medication safety, refusal skills, marijuana and mindfulness. After listening to the stories, children will participate in a game, activity or craft that incorporates elements of the story.

The COCA Prevention team would like to assure you that the stories your child will hear are age-appropriate and are intended to provide an early foundation for drug, alcohol and tobacco prevention. If your child comes home and asks questions about any of the topics from Courage's stories, we encourage you to offer your own words of encouragement. Prevention starts at home.

Thank you,

Council on Chemical Abuse Prevention Team

Council on Chemical Abuse
YOUR BRIDGE TO ADDICTION RESOURCES