

## Educational Programs

- **Stanford Tobacco Prevention Toolkit**
  - Stanford Medicine
  - <https://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html>
  - 6 unit lesson plans and materials to be taught in person.
- **ASPIRE**
  - MD Anderson
  - <https://www.mdanderson.org/about-md-anderson/community-services/aspire.html>
  - Self paced, interactive online program.
- **CATCH My Breath Youth E-Cigarette Prevention**
  - CATCH in collaboration with UTHealth School of Public Health funded by CVS Health
  - <https://catchinfo.org/modules/e-cigarettes/>
  - 4 unit lesson plan to be taught in person. Grade specific versions available.
- **The Real Cost of Vaping**
  - Scholastic in partnership with FDA
  - <https://www.scholastic.com/youthvapingrisks/>
  - 3 unit lesson to be taught in person. Grade specific versions available.
- **Smoke-Screen**
  - Collaboration between play2PREVENT lab, YALE, and USC Tobacco Centers of Regulatory Science with funding from CVS Health
  - <https://www.smokescreengame.org/>
  - Video game based intervention.
- **Taking Down Tobacco**
  - Campaign for Tobacco Free Kids funded by CVS Health
  - <https://www.takingdowntobacco.org/>
  - Online comprehensive youth advocacy training program.

## Awareness & Media Campaigns

- **Behind the Haze (Philly)**
  - <https://www.behindthehaze.com/>
- **Know The Risks**
  - <https://e-cigarettes.surgeongeneral.gov>
- **Truth Campaign**
  - <https://www.thetruth.com>
- **The Real Cost**
  - <https://therealcost.betobaccofree.hhs.gov/>

## Treatment Programs

- **This Is Quitting**
  - Truth Initiative
  - <https://truthinitiative.org/thisisquitting>
  - Text based treatment program
  - Enroll by texting “DITCHJUUL” to 88709
- **My Life, My Quit**
  - PA Free Quitline
  - <https://www.mylifemyquit.com/>
  - Enroll through: website, calling 1-800-QuitNow, or texting “Start My Quit” to 855.891.9989
- **Not on Tobacco (NOT)**
  - American Lung Association
  - <https://www.lung.org/stop-smoking/helping-teens-quit/not-on-tobacco.html>
  - In person, group sessions lead by trained facilitators
- **SmokeFreeTeen**
  - U.S. Department of Health and Human Services
  - <https://teen.smokefree.gov/quit-vaping>
  - Enroll through: website, quitSTART app, or by texting QUIT to 47848